

Transgender Youth Hormone Therapy Checklist

These items need to be completed prior to initiating hormone therapy. However, you may schedule and complete a consultation prior to completing these forms.

- General Physical form to be completed by healthcare provider.
- Therapist Referral to be completed by mental health professional.
- Parental Consent signed by the legal parents/guardians and the minor.
This must be notarized as well by a public notary.

If you have any questions about these forms, please be sure to ask during your consultation, or you can email the clinic at spectrum@otherclinic.org.